

RIVERSIDE SHERIFFS' ASSOCIATION BENEFIT TRUST

# 2026 BENEFITS GUIDE















# **CHAIRMAN'S ANNOUNCEMENT**

#### **BIG WINS FOR YOUR 2026 RSA BENEFITS**

#### LOWER COSTS, MORE CHOICES, NEW OPTIONS

Your Benefits Trust has secured some of the **biggest improvements in years** — all while continuing our **14-year streak with no member payroll deduction increases for Anthem plans**.

**Open Enrollment will run from October 1 through October 31, 2025**. During this time, you can log into PlanSource 24/7 from your computer or mobile device to review and make changes to your benefit elections.

#### WHAT COULD HAVE HAPPENED VS WHAT WE ACHIEVED:

- Insurance carriers proposed premium increases in excess of \$2M
- RSA negotiated significantly lower premiums Members will see NO payroll deduction increases! Some members will
  even see cost REDUCTIONS on plans, and new medical plan choices as well!

#### YOUR BENEFITS, YOUR WINS - 2026 PLAN YEAR UPDATES:

- Kaiser No payroll deduction increase to members, even though a 9.3% increase is being absorbed by the Trust for active members.
- All Anthem plans received rate increases that are being absorbed by the Trust for active members. The Trust took it a step further, and REDUCED payroll deductions –
  - Anthem Select HMO \$0 premium for ALL tiers (yes, including families).
  - Anthem HMO \$20/month reduction (beyond member-only).
  - Anthem PPO Nearly 40% reduction in payroll deduction with broader network access.
- <u>NEW:</u> Anthem High Deductible (HDHP) PPO A flexible, tax-advantaged \$0 PPO plan to help you save smarter with
   Trust-funded Health Savings Account (HSA) contributions for active members!
- **UHC Dental** 3% negotiated rate increase will be absorbed by the Trust, meaning **no payroll deduction increase to members**.
- Body Scan International Still just a \$140 copay per scan for active members and spouses, despite costs increasing
   21% per scan!
- Open Voluntary Life & Disability Enrollment For the first time in years, we're also opening Life & Disability enrollment!
   This gives you the chance to add or update valuable coverage for you and your family. In addition, we negotiated to increase the Voluntary Life Guaranteed Issue (GI) amount from \$50k to \$150k!

<u>All changes made during Open Enrollment will take effect January 1, 2026.</u> For those who need in-person access, laptops will be available at the **RSA Benefits Office** from **8:00 a.m. to 5:00 p.m., Monday through Thursday**, excluding Monday, October 13 (in observance of Columbus Day).

As always, the Trustees remain committed to providing RSA members and their families with **comprehensive**, **best-in-class benefits** that support you and your family's health and well-being. If you have any questions or need assistance, please contact the RSA Benefits Team at: (951) 653-8014 or rsabenefits@rcdsa.org.

#### **RSA Benefits Trust**

Fighting for you, your family, and your future.

**IMPORTANT:** Even if you don't plan to make any changes, we encourage all members to log into PlanSource to verify your current benefits, review updates to your plans, and update your beneficiaries. However, if you do not wish to make any changes to your current benefits, no action is required during Open Enrollment.

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# **2026 OPEN ENROLLMENT**

### **OCTOBER 1, 2025 - OCTOBER 31, 2025**

Log in at **benefits.plansource.com** to make changes (see page 5 for instructions). If you are not making changes, nothing needs to be done but it may be a good time to update your information and/or beneficiaries!





# **BENEFIT PLAN ELIGIBILITY**

Active full-time members of the County of Riverside that are members of LEBC & CDBU represented by Riverside Sheriffs' Association are eligible for the benefits illustrated in this booklet. You may also enroll your eligible dependents for coverage. Eligible dependents could be:

- Your legal spouse or qualified domestic partner
- Children under the age of 26, regardless of student, dependency, or marital status
- Children who are past the age of 26 and are fully dependent on you for support due to a mental or physical disability and who are indicated as such on your federal tax return

#### CHANGING BENEFITS AFTER ENROLLMENT

During the year, you cannot make changes to your benefits unless you have a Qualified Life Event. If you do not make changes to your benefits within 30 days of the Qualified Life Event, you will have to wait until the next annual Open Enrollment period to make changes (unless you experience another Qualified Life Event).

QUALIFIED LIF	E EVENT	DOCUMENTATION NEEDED	
	Marriage	Copy of marriage certificate	
Change in Marital Status	Divorce/Legal Separation	Copy of divorce decree	
Marrial Status	Death	Copy of death certificate	
	Birth or adoption	Copy of birth certificate or copy of legal adoption papers	
Change in Number of Dependents	Stepchild	Copy of birth certificate plus a copy of the marriage certificate between member and spouse	
Dependents	Death	Copy of death certificate	
Change in Spouse/DP Group Benefits	Change in spouse's benefits or employment status	Notification of spouse's employment status that results in a loss or gain of coverage	

#### PRE-TAXED MEDICAL BENEFITS

As a member of the County of Riverside you are part of the IRS Section 125 plan, which allows your medical, dental, and vision deductions to be taken before tax deductions.

#### DOMESTIC PARTNERSHIP

A Domestic Partner of an eligible member shall satisfy the Trust's general eligibility so long as both the members of the partnership meet the following criteria:

- Provide a copy of a valid Declaration of Domestic Partnership filed with the Secretary of State pursuant to Section 297 of the Family Code
- Submit a signed Affidavit of Partnership for Insurance Carriers
- Are at least 18 years of age
- Share a common residence
- Are unmarried and not a member of another domestic partnership
- Are not related by blood that would prevent you from being married in the state of California

Contact the benefits office for a list of required documents showing proof of Domestic Partnership.

# **HOW TO ENROLL OR MAKE CHANGES**

#### **ENROLLMENT/CHANGES INSTRUCTIONS**

All Enrollment & Changes are made here: benefits.plansource.com

#### **LOGGING IN:**

**Username:** Your username is the first initial of your first name, up to the first six letters of your last name, and the last four digits of your SSN.

For example, if your name is Taylor Williams, and the last four digits of your SSN are 1234, your username would be twillia1234.

**Password:** Your initial password is your birthdate in the YYYYMMDD format.

So, if your birthdate is June 4, 1979, your password would be 19790604. The first time you log in, you will be prompted to change your password. If you need help resetting your password, call the RSA Benefits Office at **(951) 653-8014**.

#### **OPEN ENROLLMENT:**

On the Homepage, click "Get Started" to begin.

#### **BENEFIT CHANGES:**

On the Homepage, click "Update My Benefits" to begin.

If you need a password reset or have trouble logging in, please contact our office at **(951) 653-8014**.

Any OE elections will be effective Jan. 1, 2026 and will continue through Dec. 31, 2026. <u>Payroll deductions</u> for new elections will begin with the first paycheck in December 2025.

#### **OPEN ENROLLMENT CHECKLIST**

Review 2026 Open Enrollment Booklet
Log into PlanSource and Make Changes:
Update Contact Information
Update Dependent(s)
☐ If Adding or Removing
Update Beneficiaries
Submit Documentation to Benefit Trust if making
Dependent Changes
Sign Up for Personify Health Wellness Program
Complete Predesignation Form and turn in a copy to:
☐ Watch Commander
RSA Benefit Trust ( <u>ddrexler@rcdsa.org</u> )



# **PLAN CHANGES**

#### **EFFECTIVE JANUARY 1, 2026**

#### **All Medical Plans**

In accordance with SB729, added coverage for **Infertility and Fertility Services**, including diagnosis, treatment, and fertility medications. Benefits now aligned with other medical services (no separate limits or cost shares). Coverage includes up to **3 completed oocyte (egg) retrievals with unlimited embryo transfers**; prior exclusions and maximums removed.

#### **All Medical Plans**

**Breast and Cervical Cancer Screening:** In line with ACA requirements, plans now cover all WPSI-recommended screenings and navigation services at no cost for eligible non-grandfathered, non-retiree-only plans. This includes the WPSI's updated recommendations for breast cancer screening for women at average risk, and patient navigation services for breast and cervical cancer screening.

#### **All Anthem Plans**

Added coverage for **one wig after cancer treatment per benefit period** under Prosthetics (combined in- and out-of-network).

#### **Anthem EPO & DMHC PPO**

**Transportation & Lodging** (excluding HOTT, Gene & Cellular Therapies): Changed from \$10,000 per Benefit Period to \$10,000 per Covered Procedure per Benefit Period.

#### **Anthem HMO Plans**

Added coverage for **Cognitive Rehabilitation** to improve functioning and quality of life for members with cognitive impairments (e.g., memory loss, difficulty concentrating, or conditions from TBI, stroke, or neurodegenerative disease).

# Anthem High Deductible (HDHP) PPO Plan

New benefit plan available for 2026 for Active and Pre-65 Retirees.



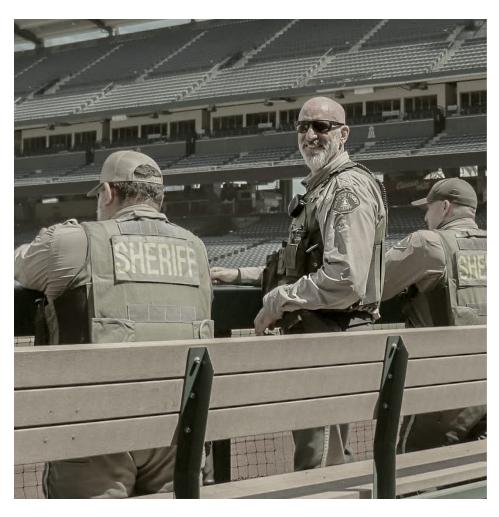


# **MEDICAL**

Medical insurance is essential to your well-being, and our Medical coverage provides you and your family the protection you need for everyday health issues or when the unexpected happens.

#### PARTS OF YOUR MEDICAL PLAN

- **Preventive care** Always 100% covered when you use in-network providers and includes things like physical exams, flu shots and screenings.
- Annual deductible amounts The amount you pay each year for eligible in-network and out-of-network charges before the plan begins to pay.
- Annual out-of-pocket maximums The most you will pay each year for eligible in-network and out-of-network services, including prescriptions. After you reach your out-of-pocket maximum, the plan picks up the full cost of covered medical care for the remainder of the year.
- **Copays** A copay is a fixed amount you pay for a health care service. Copays do not count toward your deductible but do count toward your annual out-of-pocket maximum.
- **Coinsurance** Once you've met your deductible, you and the plan share the cost of care, called coinsurance.
- Health Savings Account (HSA) Available through Anthem/WealthCare Saver, pairs with the new Anthem High
   Deductible (HDHP) PPO Medical plan.





## **MEDICAL HMO PLAN OPTIONS**

**Lower Deductions for Anthem HMO Plans!** 



Anthem. Anthem. Anthem.

	НМО	НМО	SELECT HMO	EPO (BLYTHE ONLY)	
		MEMBER DEDUCTION	ONS PER PAY PERIOD	):	
Member Only	\$7.50	\$0.00	\$0.00	\$0.00	
Member + Spouse	\$144.00	\$111.00	\$0.00	\$111.00	
Member + Child(ren)	\$128.50	\$96.50	\$0.00	\$96.50	
Member + Family	\$269.50	\$227.50	\$0.00	\$227.50	
	PLAN DETAILS*				
Network	Full Network	Full Network	<b>Limited</b> Network	PPO	
Deductible	None	None	None	None	
Out-of-Pocket Maximum	\$1,500 Person/ \$3,000 Family	\$1,000/Family Member (up to 3)	\$2,000 Person/ \$4,000 Family	No Out-of-Pocket Limit	
Primary Care Office Visit	\$5 Copay	\$5 Copay	\$5 Copay	\$5 Copay	
Specialist Office Visit	\$5 Copay	\$5 Copay	<b>\$40</b> /Visit	\$5 Copay	
Virtual Doctor Visit	No Charge	\$5 Copay	\$5 Copay	\$5 Copay	
Allergy Testing	No Charge	\$5 Copay	\$5 Copay	No Charge	
Preventive Care (All Ages)	No Charge	No Charge	No Charge	No Charge	
Diagnostic Lab (Most*)	No Charge	No Charge	No Charge	No Charge	
<b>Urgent Care Visits</b>	\$5 Copay	\$5 Copay	\$5 Copay	No Charge	
<b>Hospital Services</b>	No Charge	No Charge	<b>\$250</b> /Admit	No Charge	
Outpatient Surgery	\$5 Per Procedure	No Charge	<b>\$125</b> /Visit	No Charge	
Emergency Room	\$50; Waived if Admitted	\$50; Waived if Admitted	\$50; Waived if Admitted	\$50; Waived if Admitted	
Ambulance	No Charge if Medically Necessary	No Charge if Medically Necessary	\$100 Copay per Trip	No Charge if Medically Necessary	
Manipulation Therapy (Chiropractic, etc.)	N/A See Benefit Listed Below	\$5/(Combined with Physical Therapy) Limited to a 60-day Period of Care After an Illness or Injury	\$20/(Combined with Physical Therapy) Limited to a 60-day Period of Care After an Illness or Injury	No charge; Limit 30 Visits per Cal Year Combined Physical & Occupational Therapy	
Chiropractic Rider – All Plans	\$5/20 visits per calendar year/Must use ASH Providers	\$5/20 visits per calendar year/Must use ASH Providers	\$5/20 visits per calendar year/Must use ASH Providers	N/A	
Prescription Drugs Generic/Brand Name/ Non-Formulary	Copay: \$0/\$10 (30-Day Supply) \$0/\$20 (31- to 100-Day Supply)	Copay: \$0/\$10/\$40 (30-Day Supply)	\$250/\$500 Cal Year Deductible; Waived for Generics \$0/\$35/\$50 30-Day Supply	Copay: \$0/\$10/\$40 (30-Day Supply)	

<sup>\*</sup> The above is a brief summary of benefits only and not an offer of insurance. Please refer to your Evidence of Coverage for a complete description of benefits and exclusions.

## **MEDICAL PPO PLAN**

Lower Deductions for Anthem PPO Plans! Only \$10 more than the Anthem HMO Plan

### Anthem.

	PF	20		
	MEMBER DEDUCTIONS PER PAY PERIOD:			
Member Only	\$0.00			
Member + Spouse	\$12	\$121.00		
Member + Child(ren)	\$10	6.50		
Member + Family	\$23	7.50		
	PLAN D	ETAILS*		
Network	PPO	Out-of-Network		
Deductible	\$250 Person/\$750 Family	\$250 Person/\$750 Family		
Out-of-Pocket Maximum	\$2,000 Person/\$4,000 Family PPO and	d Out-of-Network Providers Combined		
Primary Care Office Visit	\$20 Copay	40% Coinsurance		
Specialist Office Visit	\$20 Copay 40% Coinsurance			
Virtual Doctor Visit	\$20 Copay 40% Coinsurance			
Allergy Testing	20% Coinsurance 40% Coinsurance			
Preventive Care (All Ages)	No Charge 40% Coinsurance			
Diagnostic Lab (Most*)	20% Coinsurance	40% Coinsurance		
Urgent Care Visits	\$20 Copay	40% Coinsurance		
Outpatient Surgery	20% Coinsurance	40% Coinsurance		
Hospital Services	20% Coinsurance	\$500 Copay and 40% Coinsurance		
Emergency Room	\$25 Copay; Wai	ived if Admitted		
Ambulance	20% Coi	nsurance		
Manipulation Therapy (Chiropractic, etc.)	\$5 Copay 20 Visits per Year			
Prescription Drugs Generic/ Brand Name/Non-Formulary	Copay: \$5/\$10/\$40 (30-Day Supply) 50% Coinsurance up to \$250/Script			

<sup>\*</sup> The above is a brief summary of benefits only and not an offer of insurance. Please refer to your Evidence of Coverage for a complete description of benefits and exclusions.





# MEDICAL HIGH DEDUCTIBLE (HDHP) PPO PLAN

## Anthem.

	HIGH DEDUCTIBLE (HDHP) PPO
	MEMBER DEDUCTIONS PER PAY PERIOD:
Member Only	\$0.00
Member + Spouse	\$111.00
Member + Child(ren)	\$96.50
Member + Family	\$227.50

Member - Family	\$221.50		
	PLAN DETAILS*		
Network	PPO	Out-of-Network	
Subscriber Only Coverage Deductible	\$1,700 Individual	\$5,100 Individual	
Subscriber and Family Coverage Deductible	\$3,400 Person/\$4,100 Family	\$5,100 Person/\$10,200 Family	
Out-of-Pocket Maximum	\$4,250 Person/\$8,500 Family	\$12,750 Person/\$25,500 Family	
Primary Care Office Visit	10% Coinsurance after Deductible	30% Coinsurance after Deductible	
Specialist Office Visit	10% Coinsurance after Deductible	30% Coinsurance after Deductible	
Virtual Doctor Visit	10% Coinsurance after Deductible	30% Coinsurance after Deductible	
Allergy Testing	10% Coinsurance after Deductible	30% Coinsurance after Deductible	
Preventive Care (All Ages)	No Charge	30% Coinsurance after Deductible	
Diagnostic Lab (Most*)	10% Coinsurance after Deductible	30% Coinsurance after Deductible	
Urgent Care Visits	10% Coinsurance after Deductible	30% Coinsurance after Deductible	
Outpatient Surgery	10% Coinsurance after Deductible	30% Coinsurance after Deductible	
Hospital Services	10% Coinsurance after Deductible	30% Coinsurance after Deductible	
Emergency Room	10% Coinsurance	after Deductible	
Ambulance	10% Coinsurance	after Deductible	
Manipulation Therapy (Chiropractic, etc.)	10% Coinsurance after Deductible	30% Coinsurance after Deductible	
Prescription Drugs Generic/Brand Name/Non-Formulary	Copay: \$5/ \$10/ \$40 (30-Day Supply)	50% Coinsurance up to \$250/Script	

<sup>\*</sup> The above is a brief summary of benefits only and not an offer of insurance. Please refer to your Evidence of Coverage for a complete description of benefits and exclusions.





# **HEALTH SAVINGS ACCOUNT (HSA)**

#### A PERSONAL SAVINGS ACCOUNT FOR HEALTHCARE

Do you want to save money on taxes? A Health Savings Account (HSA) is an easy way to pay for healthcare expenses that you have today and save for expenses you may have in the future. Our savings account vendor, WealthCare Saver, is administered by Anthem and offered if you enroll in the Anthem High Deductible (HDHP) PPO Medical plan.

#### **HOW THE HSA WORKS**

- Only available if enrolled in the Anthem High Deductible (HDHP) PPO Medical plan.
- Separate enrollment required for the HSA account;
   complete CIP directly with Anthem/WealthCare Saver.
- The RSA Benefit Trust will make a contribution to your HSA in the annual amount of:
  - Member Only: \$1,500
  - Member + One or More Dependents: \$2,500
- You can contribute up to the annual limit set by the IRS (including RSA's contribution) and you are responsible for ensuring you don't exceed the limit.
   2026 limits are below:
  - Member: \$4,400
  - Member + One or More Dependents: \$8,750
  - Note: If you're over 55, the IRS allows you to contribute an additional \$1,000 this is called a "catch-up contribution."
- You can use your HSA debit card to pay for eligible expenses like office visits, lab tests, prescriptions, dental and vision care, and even some drugstore items.



The HSA is not for everyone. You're eligible only if you are:

- Enrolled in the Anthem High Deductible (HDHP) PPO plan
- Not enrolled in other non-HDHP medical coverage, including Medicare, Medicaid, or Tricare
- Not a tax dependent
- Not enrolled in a healthcare Flexible Spending Account (you or your spouse count), unless it's a "limited purpose" FSA for dental and vision expenses

#### **4 REASONS TO LOVE AN HSA**

- 1. **Tax-free.** No federal tax on the Trust contributions, or state tax in most states. Withdrawals are also tax-free as long as they're for eligible healthcare expenses.
- 2. **No "use it or lose it."** Your balance rolls over from year to year. You own the account even if you change medical plans or discontinue employment.
- 3. **Use it now or later.** Use your HSA for healthcare expenses you have today or save it to use in the future.
- 4. **Boosts retirement savings.** After you retire, you can use your HSA for healthcare expenses tax-free, or for regular living expenses, taxable but no penalties.



# **MEDICAL OUT-OF-STATE PPO PLAN**

## Anthem 🚇

	BLUE CARD PPO (OUT-OF-STATE)			
	MEMBER DEDUCTIONS PER PAY PERIOD:			
Member Only	\$0.	00		
Member + Spouse	\$12	1.00		
Member + Child(ren)	\$100	5.50		
Member + Family	\$23	7.50		
	PLAN D	ETAILS*		
Network	PPO	Out-of-Network		
Deductible	\$250 Person/\$750 Family	\$250 Person/\$750 Family		
Annual Out-of-Pocket Maximum	\$2,000 Person/\$4,000 Family	\$6,000 Person/\$12,000 Family		
Primary Care Office Visit	\$10 Copay	40% Coinsurance		
Specialist Office Visit	\$10 Copay 40% Coinsurance			
Virtual Doctor Visit	\$10 Copay 40% Coinsurance			
Allergy Testing	20% Coinsurance 40% Coinsurance			
Preventive Care (All Ages)	No Charge 40% Coinsurance			
Diagnostic Lab (Most*)	20% Coinsurance	40% Coinsurance		
Urgent Care Visits	\$10 Copay	40% Coinsurance		
Outpatient Surgery	20% Coinsurance	40% Coinsurance		
Hospital Services	20% Coinsurance	\$500 Copay and 40% Coinsurance		
Emergency Room	\$100 Copay and 20% Coinsura	nce; Copay Waived if Admitted		
Ambulance	20% Coir	nsurance		
Manipulation Therapy (Chiropractic, etc.)	\$10 Copay; 30 Visits per Cal Year 40% Coins.; 30 Visits per Cal Year PPO/Non-PPO Combined PPO/Non-PPO Combined			
Prescription Drugs Generic/Brand Name/Non-Formulary	Copay: \$5/ \$10/ \$40 (30-Day Supply)	50% Coinsurance up to \$250/Script		

<sup>\*</sup> The above is a brief summary of benefits only and not an offer of insurance. Please refer to your Evidence of Coverage for a complete description of benefits and exclusions.









Anthem 🖨

# **PHARMACY**

When you enroll in Medical coverage, you will also receive prescription benefits. Here you can see the basics but be sure to check the formulary for a full list of the prescriptions that are covered by the plan. Remember, you can always ask your doctor about lower-cost alternatives. Generic drugs tend to be less expensive than brand-name drugs, so keep that in mind when shopping around.

Anthem 🚳

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	НМО	НМО	SELECT HMO	PPO
RETAIL RX (UP TO 30	-DAY SUPPLY)			
Generic	\$0	\$0	\$0	\$5
Brand Name	\$10	\$10	\$35; \$250 deductible	\$10
Non-Formulary	N/A	\$40	\$50; \$250 deductible	\$40
MAIL ORDER RX (UP	TO 100-DAY SUPPLY)			
Generic	\$0*	\$0**	\$0**	\$10
Brand Name	\$20*	\$20**	\$70; \$250 deductible**	\$20
Non-Formulary	N/A*	\$80**	\$100; \$250 deductible**	\$80

<sup>\*</sup> Kaiser will ship a 100-day supply of your prescribed medication. After orders are shipped, they should arrive within 7 to 10 business days and are shipped "Postage Paid."

#### SAVE ON PRESCRIPTION DRUGS

KAISER

#### **ASK FOR GENERICS**

Generic and brand-name drugs have the same active ingredients, which means they have the same efficacy for treating your condition. The main difference is the cost to you.

Brand-name drugs tend to be more expensive because of the lengthy drug development process. Manufacturers charge more to recoup costs. When a patent expires, other manufacturers can produce the medication, and competition drives the price down.

#### **HOME DELIVERY**

Enjoy the convenience and savings of home delivery for medications you take on a regular basis through our mail-order prescription program. The larger 90-day supply is mailed directly to your home — saving you time and money.

Anthem 👼

<sup>\*\*</sup> CarelonRx mail service pharmacy will fill a 90-day supply of your prescribed medication. Orders are shipped within 14 days of receipt of your prescription. Their standard shipping is free, (expedited shipping is available for an additional charge).

# **DENTAL**

Taking care of your oral health is not a luxury; it is a necessity to long-term optimal health. With a focus on prevention, early diagnosis and treatment, Dental insurance can greatly reduce your costs when it comes to restorative and emergency procedures. Preventive services are covered at no cost to you and include routine exams and cleanings. You will pay only a small deductible and coinsurance for basic and major services.

When you visit a dentist in the network, you will maximize your savings. These dentists have agreed to reduced fees, which means you won't get charged more than your expected share of the bill.

**∭** UnitedHealthcare



DEDUCTIONS PER PAY PERIOD	DMO D125H	DMO UNION D1065	HMOCA11A	PPO PLAN	
Member Only	\$0.00	\$4.00	\$0.00	\$15.50	
Member + One Dependent	\$7.00	\$12.30	\$7.50	\$34	1.00
Member + 2 or More Dependents	\$15.50	\$22.45	\$15.00	\$62	2.00
Network	CA Select DHMO	CA Select Direct Compensation	DeltaCare®	In-Network	Out-of- Network*
				\$1,000/Cal Yr.	\$1,000/Cal Yr.
Annual Maximum	None	None	None	\$2,000 Ortho Lifetime	\$2,000 Ortho Lifetime
Diagnostic and Preventive Exempt From Maximum				Yes	Yes
Deductible	None	None	None	None	\$50, waived for preventive services
PREVENTIVE SERVICES					
Office Visit/ Oral Exams	No Charge	No Charge	No Charge	No Charge	No Charge
Complete X-rays	No Charge	No Charge	No Charge	No Charge	No Charge
Prophylaxis (Cleaning)	No Charge	No Charge	No Charge	No Charge	No Charge
Frophytaxis (cleaning)	1 per 6 Months	1 per 6 Months	1 per 6 Months	2 Per Cale	endar Year
Topical Fluoride Treatments	No Charge	No Charge	No Charge	No Charge	No Charge
RESTORATIVE SERVICES					
Amalgam – 1, 2, or 3 Tooth Surfaces	No Charge	No Charge	No Charge	20%	50%
CROWN, CAST AND PROSTHETICS*	*				
Crown 3/4 Cast Metal	\$125	No Charge	\$210	40%	50%
Resin Crown (Not for Molars)	\$125	No Charge	\$95-\$195	40%	50%
Porcelain/Ceramic (Not for Molars)	\$215	No Charge	\$240	40%	50%
Pontic Cast Noble Metal	\$125	No Charge	\$150	40%	50%

<sup>\*</sup> Reimbursement is based on PPO contracted fees for PPO dentists, Premier contracted fees for Premier dentists and PPO contracted fees for non-Delta Dental dentists

<sup>\*\*</sup> Base or noble metal is the benefit. High noble metal (precious), if used, will be charged to the enrollee at the additional laboratory cost of the high noble metal. (This applies to crowns, bridges, cast and cast cores, inlays and onlays.)

The above is a brief summary of benefits only and not an offer of insurance. Please refer to your Evidence of Coverage for a complete description of benefits and exclusions.





#### **∭** UnitedHealthcare

#### **△** DELTA DENTAL®

ENDODONTICS	DMO D125H	DMO UNION 1065	HMOCA11A	PPO PLAN	
Root Canal – Anterior	\$45	No Charge	\$55	20%	50%
Root Canal - Bicuspid	\$75	No Charge	\$120	20%	50%
Root Canal - Molar	\$115	No Charge	\$250	20%	50%
DENTURES					
Complete Upper or Lower	\$150	No Charge	\$145	40%	50%
Partial Upper or Lower	\$115	No Charge	\$120-\$160	40%	50%
Adjust Full Upper or Lower	\$0	No Charge	\$10	40%	50%
Add Tooth or Clasp	\$15	No Charge	\$10	40%	50%
Reline Full Upper or Lower	\$40	No Charge	\$60	40%	50%
PERIODONTICS					
Gingivectomy per Quadrant	\$50	No Charge	\$80-\$130	20%	50%
Gingivectomy per Tooth	\$35	No Charge	\$80-\$130	20%	50%
ORAL SURGERY					
Simple Extraction - Single Tooth	No Charge	No Charge	No Charge	20%	50%
Removal of Impacted Tooth (Soft Tissue)	\$25	No Charge	\$50	20%	50%
ORTHODONTICS					
Start-up Fee	\$250	\$350	\$200	Not Applicable	
Adolescent	\$1,895	\$750	\$1,700	50%, ma	ax \$2,000
Adult	\$1,895	\$750	\$1,900	50%, max \$2,000	

<sup>\*</sup> Reimbursement is based on PPO contracted fees for PPO dentists, Premier contracted fees for Premier dentists and PPO contracted fees for non-Delta Dental dentists

<sup>\*\*</sup> Base or noble metal is the benefit. High noble metal (precious), if used, will be charged to the enrollee at the additional laboratory cost of the high noble metal. (This applies to crowns, bridges, cast and cast cores, inlays and onlays.)

The above is a brief summary of benefits only and not an offer of insurance. Please refer to your Evidence of Coverage for a complete description of benefits and exclusions.

# **HOW TO FIND A DENTIST**

#### **UHC DENTAL DMO D125H:** Start New Search 1. www.myuhcdental.com Where do you work or live? Choose "Find a Dentist" Select a Network CA Select Managed Care DHMO Plan 3. Select Network as "CA Select Managed Care DHMO Plan" Location Search for Dentist O Dentist Name 4. Search for Dentist by Location O Practice Name **UHC DENTAL DMO UNION 1065:** Start New Search 1. www.myuhcdental.com Where do you work or live? Choose "Find a Dentist" Select a Network CA Select Managed Care Direct Compensatio 3. Select Network as "CA Select Managed Care Search for Dentist Location Direct Compensation" O Dentist Name Search for Dentist by Location O Practice Name **DELTA CARE HMO CA11A:** General Dentist 1. https://www.deltadental.com/us/en/member/ find-a-dentist.html Dentist's last name (optional) 2. Select Dentist Specialty as "General Dentist" Search by current location: Select Your Plan as "Delta Care USA" No Search by Current Location Find dentists **DELTA PPO PLAN:** General Dentist 1. https://www.deltadental.com/us/en/member/ Delta Dental PPO find-a-dentist.html Dentist's last name (optional) 2. Select Dentist Specialty as "General Dentist" Search by current location: Select Your Plan as "Delta Dental PPO" No Search by Current Location Find dentists





# VISION



	MEMBER DEDUCTIONS PER PAY PERIOD:	
Member Only	\$0.00	
Member + 1 Dependent	\$3.50	
Member + 2 or More Dependents	\$6.75	

BENEFIT	DESCRIPTION	COPAY	FREQUENCY				
	YOUR COVERAGE WITH A VSP PROVIDER						
Wellvision Exam	<ul> <li>Focuses on your eyes and overall wellness</li> </ul>	\$10 for exam and glasses	Every 12 months				
Essential Medical Eye Care	<ul> <li>Retinal screening for members with diabetes.</li> <li>Additional exams and services beyond routine care to treat immediate issues from pink eye to sudden changes in vision or to monitor ongoing conditions such as dry eye, diabetic eye disease, glaucoma, and more.</li> <li>Coordination with your medical coverage may apply. Ask your VSP doctor for details.</li> </ul>	\$0 per screening \$20 per exam	Available as needed				
PRESCRIPTION GLAS							
Frame <sup>+</sup>	<ul> <li>\$220 featured frame brands allowance</li> <li>\$200 frame allowance</li> <li>20% savings on the amount over your allowance</li> <li>\$200 Costco® frame allowance</li> <li>\$200 Walmart®/Sam's Club® frame allowance</li> </ul>	Combined with exam	Every 12 months				
Lenses	<ul><li>Single vision, lined bifocal, and lined trifocal lenses</li><li>Impact-resistant lenses for dependent children</li></ul>	Combined with exam	Every 12 months				
Lens Enhancements	<ul> <li>Standard progressive lenses</li> <li>Premium progressive lenses</li> <li>Custom progressive lenses</li> <li>Impact-resistant lenses</li> <li>Average savings of 30% on other lens enhancements</li> </ul>	\$0 \$95 – \$105 \$150 – \$175 \$10	Every 12 months				
Contacts (Instead of Glasses)	<ul><li>\$200 allowance for contacts; copay does not apply</li><li>Contact lens exam (fitting and evaluation)</li></ul>	Up to \$50	Every 12 months				
Lightcare <sup>™+</sup>	<ul> <li>\$200 allowance for ready-made non-prescription sunglasses, or ready-made non-prescription blue light filtering glasses, instead of prescription glasses or contacts</li> </ul>	Combined with exam	Every 12 months				
	<ul> <li>Glasses and Sunglasses</li> <li>Extra \$20 to spend on featured frame brands. Go to <u>vsp.com/offers</u> for details.</li> <li>20% savings on additional glasses and sunglasses, including lens enhancements, from any VSP provider within 12 months of your last WellVision Exam.</li> </ul>						
Extra Savings	Routine Retinal Screening						
	<ul> <li>No more than a \$39 copay on routine retinal screening as an enhancement to a WellVision Exam</li> </ul>						
	<ul> <li>Laser Vision Correction</li> <li>Average 15% off the regular price or 5% off the promotional price; discounts only available from contracted facilities</li> </ul>						

#### YOUR COVERAGE GOES FURTHER IN-NETWORK

With so many in-network choices, VSP makes it easy to get the most out of your benefits. You'll have access to preferred private practice, retail, and online in-network choices. Log in to **vsp.com** to find an in-network provider. Your plan provides the following out-of-network reimbursements:

Exam ......up to \$45
 Frame ......up to \$75
 Single Vision Lenses ....up to \$30
 Lined Bifocal Lenses .....up to \$50
 Lined Trifocal Lenses .....up to \$65
 Progressive Lenses .....up to \$65
 Necessary Contacts ....up to \$250

†Only available to VSP members with applicable plan benefits. Frame brands and promotions are subject to change. ‡Savings based on doctor's retail price and vary by plan and purchase selection; average savings determined after benefits are applied. Ask your VSP network doctor for more details.

4-savings based on doctor's retail price and vary by plan and purchase selection; average savings determined after benefits are applied. Ask your VSP network doctor for more details.

+Coverage with a retail chain may be different or not apply.

VSP guarantees member satisfaction from VSP providers only. Coverage information is subject to change. In the event of a conflict between this information and your organization's contract with VSP, the terms of the contract

vsP guarantees member satisfaction from vsP providers only. Loverage information is subject to change. In the event of a conflict between this information and your organizations contract with vsP, the terms of the contract will prevail. Based on applicable laws, benefits may vary by location. In the state of Washington, VSP Vision Care, Inc., is the legal name of the corporation through which VSP does business. TruHearing is not available directly from VSP in the states of California and Washington. To learn about your privacy rights and how your protected health information may be used, see the VSP Notice of Privacy Practices on <u>vsp.com</u>.

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VSP, Eyeconic, and WellVision Exam are registered trademarks, and VSP LightCare and VSP Premier Edge are trademarks of Vision Service Plan. Flexon and Dragon are registered trademarks of Marchon Eyewear, Inc. All other brands or marks are the property of their respective owners. 102898 VCCM

# A CLOSER LOOK AT YOUR **VSP VISION COVERAGE**

#### SHOP ONLINE AND CONNECT YOUR BENEFITS.

**Eyeconic**<sup>®</sup> is the preferred VSP online vision care retailer where you can shop in-network with your vision benefits. See your savings in real time when you shop over 70 brands of contacts, eyeglasses, and sunglasses.

#### WHAT'S INCLUDED WITH ESSENTIAL **MEDICAL EYE CARE?**

- Fully covered retinal screening for members with diabetes. These high-resolution images of the inside of the eye are a non-invasive way to monitor diabetes.
- Exams and services to treat immediate issues like pink eye and sudden changes in vision.
- Treatment options to monitor ongoing health conditions such as dry eye, diabetic eye disease, glaucoma, and more.

#### **LIGHTCARETM**

#### Why UV and Blue Light Coverage?

- Even if you don't wear prescription glasses, an annual eye exam is an easy and cost-effective way to take care of your eyes and overall health.
- With VSP **LightCare™**, you can use your frame and lens benefit to get non-prescription eyewear from your VSP® network doctor.

#### Your VSP LightCare Coverage Includes:\*

#### **Eye Exam**

A fully-covered WellVision Exam®

#### **Eyewear**

Use your frame and lens allowance toward ready-made:

- Non-prescription sunglasses or
- Non-prescription blue light filtering glasses

# **MORE WAYS TO SAVE**

**EXTRA** 

\$20

TO SPEND ON FEATURED BRANDS†

bebe

Calvin Klein

COLE HAAN

**ODRAGON** 

**FLEXON** 

LONGCHAMP



and more

SEE ALL BRANDS AND OFFERS AT VSP.COM/OFFERS.



**UP TO** 

40%

**SAVINGS ON** LENS ENHANCEMENTS<sup>‡</sup>

# LIFE INSURANCE

#### RSA-SPONSORED BASIC LIFE AND AD&D INSURANCE

Life Insurance pays a lump-sum benefit to your beneficiary(ies) to help meet expenses in the event of your death. Accidental Death & Dismemberment (AD&D) insurance pays a benefit if you die or suffer serious injuries as the result of a covered accident. In case of a covered accidental injury (e.g. loss of sight, loss of limb), the benefit you receive is a percentage of the total AD&D coverage you elected based on the severity of the accidental injury.

Basic Life and Basic AD&D Insurance is a **Trust-paid member only benefit with automatic enrollment**. RSA LEBU/CDBU members have the following coverages provided at **NO COST**:

- \$50,000 Basic Life through The Standard
- \$50,000 Basic AD&D through The Standard
- More than \$500,000 death benefit provided by the federal and state government if killed in the line of duty

#### **IMPORTANT INFORMATION**

- Beneficiaries: Review and update your beneficiary designations during Open Enrollment. A life event, such as a marriage, divorce, or birth will not automatically affect a beneficiary designation.
- Evidence of Insurability (EOI): Members and spouses who elect Voluntary Life and AD&D coverage can elect up to
  the Guaranteed Issue (GI) amount without Evidence of Insurability (EOI). Evidence of Insurability (EOI) is required if an
  member elects coverage of more than \$150,000. The completed EOI application requires review and approval by The
  Standard before coverage becomes effective.
- **Travel Assistance:** Available 24 hours a day, this service connects you to resources when you are traveling at least 100 miles from home or in a foreign country for up to 180 days. For more information, visit **standard.com/travel-info**.
- Guaranteed Issue (GI) Amount: The maximum amount of life insurance you can get without answering health
  questions or taking a medical exam.





# SPECIAL ENROLLMENT OPEN THIS YEAR ONLY



RSA provides valuable life insurance and AD&D protection at no cost, with the **option to buy additional coverage for yourself and your family**. These benefits help provide security when it's needed most.

#### **VOLUNTARY BENEFITS**

If you need additional Life and AD&D coverage, we offer voluntary coverage that you can purchase for yourself, your spouse, and your children. Typically, this is only offered when you are newly hired, however, The Standard has agreed to an open enrollment for this year!

# THE STANDARD VOLUNTARY LIFE

Supplemental Term Life Insurance is an additional life insurance that can be purchased voluntarily. This plan offers coverage for yourself and your eligible dependents (e.g. spouse, child(ren) under age 26).

COVERAGE TIER	COVERAGE AMOUNT		
Member*	<ul><li>Increments of \$10,000, from \$20,000 to \$300,000</li><li>Guaranteed Issue: \$150,000</li></ul>		
Spouse	<ul> <li>Increments of \$5,000 from \$10,000 to \$150,000 (may not exceed 100% of member amount)</li> <li>Guaranteed Issue: \$25,000</li> </ul>		
Child(ren)**	<ul> <li>Increments of \$5,000; either \$5,000 or \$10,000 (may not exceed 100% of member amount)</li> </ul>		

Note: Benefit amount reduces to 65% at age 65; 40% at 70; 25% at 75.

<sup>\*\*</sup>A child may not be insured by more than one Member



# THE STANDARD VOLUNTARY ACCIDENTAL DEATH & DISMEMBERMENT (AD&D)

Voluntary AD&D Insurance allows you to purchase accidental death and dismemberment coverage that pays your beneficiary if you have a fatal accident. If you experience a serious injury such as a loss of a limb, speech, sight or hearing, the plan may pay a benefit to you. You and your family member can count on financial security in the event of accidental death or a serious injury with AD&D Insurance.

COVERAGE TIER	COVERAGE AMOUNT		
Member*	<ul><li>Increments of \$10,000, from \$20,000 to \$300,000</li></ul>		
Spouse	<ul> <li>Without child coverage: 50% of member's principal amount</li> <li>With child coverage: 40% of member's principal amount</li> <li>Maximum of 50% of member's coverage</li> </ul>		
Child(ren)**	<ul> <li>Without spouse coverage: 15% of member's principal amount</li> <li>With spouse coverage: 10% of member's principal amount</li> <li>Maximum of \$25,000</li> </ul>		

Note: Benefit amount reduces to 65% at age 65; 40% at 70; 25% at 75.

To estimate your insurance needs, you'll need to consider your unique circumstances. Use The Standard's online calculator at **standard.com/life/needs**.

Log into PlanSource to see rates.

<sup>\*</sup>A Member may not be insured as both a Member and a Dependent

<sup>\*</sup>A Member may not be insured as both a Member and a Dependent

<sup>\*\*</sup> A child may not be insured by more than one Member





# **BODY SCAN INTERNATIONAL**

Body Scan International offers ONSITE body scanning right on location at the RSA and RSA-West Offices! You and your enrolled spouse can schedule a full body scan\* at your convenience. The BSI Body Scan Program screens for diseases of greatest concern to the public safety sector — heart/cardiovascular disease, lower back, and neck pathologies, over 20 different types of cancer, chronic lung disease, and many others. Over 300 RSA members and enrolled spouses have completed a Body Scan. Some of those people discovered serious health issues that they were not aware of. We encourage all RSA members to take advantage of this amazing program!

The Trustees of the RSA Benefit Trust negotiated a very favorable contract with Body Scan International. In addition, the Benefit Trust is subsidizing a large portion of that discounted rate. <u>As a result, you and your enrolled spouse are each eligible for one fully covered Body Scan every 2 years for a \$140 copay</u>. A full scan normally costs \$2,495!

Using state-of-the-art mobile CT technology, you will receive a full 3-D visualization inside your body followed by a complete physician consultation. This is a non-invasive exam that provides a comprehensive, confidential look inside your torso to early-detect, or rule-out, "silent" lesions and anomalies.

#### SCHEDULE YOUR APPOINTMENT

For more information, or to schedule your appointment, contact BSI directly at **(877)-274-5577** or go to <u>healthview.com</u>. BSI will be onsite at RSA one week (Monday – Thursday) each month from October to May.

\* Body Scan covers the region from neck to pelvis.

# WELLNESS PROGRAM

- 1. Sign up at join.personifyhealth.com/RSAwellness
- 2. Accept the Terms and Conditions
- 3. Connect a Fitness Tracker
- 4. Create Profile and Add Friends
- 5. Download the App

All members and spouses enrolled in an RSA medical plan are eligible!



# YOU CAN EARN **\$580 A YEAR** BY TAKING SOME SMALL STEPS THAT LEAD TO BIG CHANGES!





# RIVERSIDE COUNTY ANNUAL ENROLLMENT:

September 15 – October 10, 2025

https://rc-hr.com/oe26



Reminder: If you enroll in the new Health Savings Account (HSA), you are not eligible to also contribute to a Flexible Spending Account (FSA).

# MAKE SURE TO HAVE YOUR PREDESIGNATION OF PERSONAL PHYSICIANS FORM FILLED OUT!

Unless your form is filled out **PRIOR** to injury, your work-related injuries or illnesses will be evaluated by a **COUNTY** physician.

A Predesignation of Personal Physician form must be completed and filed with:

- 1. Your Watch Commander **PRIOR** to injury!
- 2. RSA Benefit Trust
  - Can be emailed to ddrexler@rcdsa.org

Please contact RSA Benefits if you need a form, (951) 653-8014.



#### **DID YOU KNOW?**

- No ID card is needed for PPO Dental or vision you only need your SSN
- Everyone in the family can have a different HMO Provider
- You can keep your life insurance plan when you leave RSA through the plan conversion process
- Contact RSA 30 days prior to your planned retirement date
- Your annual wellness exams are free each year





#### **REMINDERS**

- Update Beneficiaries
- Update Contact Information
- Report a Life Event within30 Days
- Call (951) 653-8014

# UNION FIRST INSURANCE SOLUTIONS

Available for assistance with claims, retiree billing, questions on plans or rates. **(949) 570-1162** 



Unionfirst



# **IMPORTANT CONTACTS**

#### **CARRIER CONTACTS**

COVERAGE	CONTACT	PHONE	WEBSITE
Medical	Anthem	(800) 227-3771	www.anthem.com
	Kaiser Permanente	(800) 390-3510	www.kp.org
Dental	UnitedHealthcare	(800) 228-3384 (800) 999-3367	www.myuhcdental.com
	Delta Dental	(800) 765-6003 (800) 422-4234	www.deltadental.com
Vision	VSP Vision	(800) 877-7195	www.vsp.com
Life Insurance	The Standard	(888) 937-4783	www.standard.com
Cancer, Intensive Care, Hospital & Accident	AFLAC Nicki Albright Lisa Coots		nicki_albright@us.aflac.com lisa_coots@aflac.com
CalPERS	CalPERS	(888) 225-7377	www.calpers.ca.gov
County of Riverside Benefits Information Line		(951) 955-4981	www.rc-hr.com
The Counseling Team International		(800) 222-9691	www.thecounselingteam.com
Retirement	Nationwide	(877) 677-3678	www.nationwide.com
	Valic	(800) 982-5558	www.corebridgefinancial.com
Wellness Program	Personify Health	(888) 671-9395	www.personifyhealth.com

#### **RSA BENEFITS OFFICE**

#### **OFFICE HOURS**

Monday: 8 a.m. – 5 p.m.

Tuesday: 8 a.m. – 5 p.m.

Wednesday: 8 a.m. - 5 p.m.

Thursday: 8 a.m. - 5 p.m.

Friday: Closed

Saturday: Closed

Sunday: Closed

#### **MAIN**

www.rcdsa.org/benefit-trust/benefits-information

(951) 653-8014

RSABenefits@rcdsa.org

Lauren Hernandez, Benefits Manager

lauren@rcdsa.org

# THIRD PARTY ADMINISTRATORS



CA License # 0F95476

(949) 570-1162

www.unionfirstsolutions.com

# EXPLANATION OF MEDICAL PLAN OPTIONS

#### KAISER PERMANENTE

Services must be provided, prescribed, authorized, or directed by a plan physician or facility within the covered service area. A list of covered zip codes is provided in the Kaiser enrollment packet. For members who reside in Coachella Valley and Western Ventura County, you must choose a primary care plan physician within the "affiliated provider" network. For more information, please contact the benefits office. You will have co-payments for approved services. Hospitalization is covered at 100% and there is a co-payment for emergency room visits.

#### **ANTHEM CALIFORNIA CARE/SELECT HMO**

Your primary care physician will belong to either a medical group or an IPA. To serve you best, you must live or work within 15 miles or 30 minutes of your medical group. All care, except in a medical emergency, must be provided or authorized by an assigned primary care physician, medical group, or IPA. You will have co-payments for approved services.

Medical Group - A team practice of physicians and health care providers. Most services, including special exams, X-ray and lab tests, are usually available at the medical group's facility.

Independent Physician Association (IPA) - A medical partnership of physicians who practice in private offices. The IPA physician may refer you to other locations for special services, including special exams, X-ray and lab tests.

#### ANTHEM EPO (BLYTHE RESIDENTS ONLY)

Since there are no HMO providers in the Blythe Area, you may choose a provider from the Anthem Prudent Buyer network. Most benefits are only payable if you visit an Anthem PPO network health care provider. However, you may receive an exception if Anthem authorizes a referral when there is no Anthem PPO network health care provider within a 25-mile radius of your home who can perform the services you need. It is the member's responsibility to verify that a provider is an Anthem PPO health care provider.

The Prudent Buyer provider might wait for the Explanation of Benefits (EOB) to determine how to bill you for their services. However, at the time of service, the provider may ask you for payment of your office visit co-payment, plus a percentage of charges that are not covered under your benefits. When using Non-PPO and Other Health Care Providers for an authorized referral, an emergency, or urgent care, members are responsible for any difference between the allowed amount & actual charges, as well as any deductible & percentage copayment.

#### **ANTHEM PPO**

You may choose to seek services from a PPO (Prudent Buyer) provider from the Anthem network. For these services, you will have a co-payment for your office visits and pay an annual deductible and percentage for other services (i.e., lab work, x-rays, hospitalization). PPO providers bill Anthem for services. You will receive an Explanation of Benefits (EOB) from Anthem determining their payment and your out-of-pocket expenses. You do not need a referral to seek services from a PPO provider.

If you "Opt-Out" and choose a non-network provider, you will likely pay higher out-of-pocket expenses and need to file a claim with Anthem for reimbursement or processing of claims. You will receive an Explanation of Benefits (EOB) from Anthem determining their payment and your out-of-pocket expenses. When using Non-PPO and Other Health Care Providers, members are responsible for any difference between the allowed amount & actual charges, as well as any deductible & percentage co-payment. You do not need a referral to seek services from a non-network provider.

#### ANTHEM HIGH DEDUCTIBLE (HDHP) PPO

High Deductible Health Plans (HDHP) with Health Savings Accounts (HSAs) pair a high-deductible plan with a taxadvantaged HSA for medical expenses. These plans typically have lower premiums than traditional PPOs or HMOs but require members to meet a higher deductible. Funds in the HSA can be saved and rolled over for future healthcare expenses, offering tax benefits. This option is great for individuals who want to save on premiums and benefit from long-term savings but may not be suitable for those who need frequent care.

#### ANTHEM BLUE CARD (OUT-OF-STATE) PLAN

You have the option of choosing providers from the PPO (Prudent Buyer) network or Non-PPO providers. For services from a PPO provider, you will have a co-payment for your office visits and pay an annual deductible and percentage for other services (i.e. lab work, x-rays, hospitalization). PPO providers bill Anthem for services. You will receive an Explanation of Benefits (EOB) from Anthem determining their payment and your out-of-pocket expenses.

If you "Opt-Out" and choose a non-network provider, you will likely pay higher out-of-pocket expenses and need to file a claim with Anthem for reimbursement or processing of claims. You will receive an Explanation of Benefits (EOB) from Anthem determining their payment and your out-of-pocket expenses. When using Non-PPO and Other Health Care Providers, members are responsible for any difference between the allowed amount & actual charges, as well as any deductible & percentage co-payment.

#### **MEDICARE PLAN OPTIONS**

All RSA sponsored medical plans have Medicare plan options available to you and/or your spouse. You will not have to change providers, however a new enrollment application and copy of Medicare card is required. Medicare supplemental plan applications should be submitted to the Benefits Office at least one month before your Medicare effective date. You are required to enroll in Medicare Parts A & B if eligible. **Do not enroll in Part D coverage through Medicare.** 

#### THE HIPAA LAW AND HOW IT AFFECTS YOU

The Federal Health Insurance Portability and Accountability Act (HIPAA), includes a Privacy Rule that establishes safeguards that health carriers, doctors, brokers, and benefits administrators must use to protect the privacy of health information.

The Benefit Trust has put procedures in place to ease your mind. If you have a claims issue, a question as to why a certain procedure or prescription was not covered fully; the Benefit Trust must have you sign an authorization form before the health carrier will release information to us. If you have not already done so and would like to designate a personal representative, please contact the Benefits Office to have a form mailed to you. The personal representative does not need to be enrolled in your insurance coverage but must know your social security number. As always, in emergency situations we will do whatever it takes to get you the care you need.

Your medical, dental and vision plans have phone numbers and websites available to retrieve eligibility, benefit and claims information by using a personal pin. To find out more, see Important Contacts page or log onto <a href="www.rcdsa.org">www.rcdsa.org</a>, and click on Benefit Trust. The carrier links will bring you to the applicable websites.







# **IMPORTANT NOTICES**

Effective Date of Notice: September 1, 2025
THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT
YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET
ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

#### **GENERAL PRIVACY RULES**

The Board of Trustees, as the Plan Sponsor of the Riverside Sheriffs' Association Benefit Trust Health Plan (the "Plan") is required by law to maintain the privacy of protected health information and to provide you with notice of its legal duties and privacy practices with respect to your protected health information, and to notify you if there is a breach of your unsecured protected health information.

This notice describes the Plan's legal duties and privacy practices including: The Plan's uses and disclosures of protected health information;

Your privacy rights with respect to such information; The Plan's duties with respect to such information;

The person or office to contact for further information about the Plan's privacy practices.

#### **SECTION 1. NOTICE OF USES AND DISCLOSURES**

- (a) Required Uses and Disclosures. Upon your request, the Plan is required to give you access to certain protected health information, which includes all individually identifiable health information in order to inspect and copy it. Use and disclosure of your protected health information may be required by the Secretary of the Department of Health and Human Services to investigate or determine the Plan's compliance with the privacy regulation
- (b) Uses and disclosures to carry out treatment, payment and health care operations without your consent or authorization.
   The Plan and its business associates will use protected health information without your consent, authorization or opportunity to agree or object to carry out "treatment, payment and health care operations" as defined below.
  - (i) Treatment is the provision, coordination or management
    of health care and related services. It also includes, but is not
    limited to, consultations and referrals between one or more of
    your providers. For example, your pharmacy may contact your
    treating physician to refill your prescription for medication.
  - (ii) Payment includes but is not limited to actions to make coverage determinations and to provide payment for the treatment you receive (including billing, claims management, Plan reimbursement, reviews for medical necessity and appropriateness of care and utilization review and preauthorizations). For example, the Plan may use and disclose your protected health information to tell a doctor whether you are eligible for coverage or what percentage of a bill will be paid by the Plan.

- (iii) Health care operations include but are not limited to quality assessment and improvement, reviewing competence or qualifications of health care professionals, underwriting, premium rating and other insurance activities relating to creating or renewing insurance contracts and related business services. It also includes disease management, case management, conducting or arranging for medical review, legal services and auditing functions including fraud and abuse compliance programs, business planning and development, business management, and general administrative activities. For example, the Plan may use information about your claims to refer you to a disease management program, project future benefit costs and audit the accuracy of its claims processing functions.
- (c) Other uses and disclosures for which consent, authorization or opportunity to object is not required. Use and disclosure of your protected health information is allowed without your consent, authorization or request under the following circumstances:
  - (i) When required by law. The Plan may use and disclose your protected health information when required by law, and when the use or disclosure complies with and is limited to the relevant requirement of such law.
  - (ii) When permitted for purposes of public health activities.
     For example, PHI may be used or disclosed if you have been exposed to a communicable disease or are at risk of spreading a disease or condition, if authorized by law.
  - (iii) Reports about victims of abuse, neglect or domestic violence to government entities. The Plan will disclose your protected health information in these reports only if the Plan is required or authorized to do so by law, or if you otherwise agree. In such case the Plan will promptly inform you that such a disclosure has been or will be made unless that notice would cause a risk of serious harm. For the purpose or reporting child abuse or neglect, it is not necessary to inform the minor that such disclosure has or will be made. Disclosure may generally be made to the minor's parents or other representatives although there may be circumstances under federal or state law when the parents or other representatives may not be given access to the minor's protected health information.
  - (iv) To a public health oversight agencies. The Plan will provide protected health information as requested to government agencies that have the authority to audit our operations. This includes uses or disclosures in civil, administrative or criminal investigations; inspections; licensures or disciplinary actions (for example, to investigate complaints against providers); and other activities necessary for appropriate oversight of government benefit programs (for example, to investigate Medicare or Medicaid fraud).
  - (v) When required for judicial or administrative proceedings, provided certain conditions are met. Those conditions include that satisfactory assurances are given to the Plan that the requesting party has made a good faith attempt to provide written notice to you, the notice provided sufficient information about the proceeding to permit you to raise an objection and no objections were raised or were resolved in favor of disclosure by the court or tribunal.

- (vi) When required for law enforcement purposes. The Plan may release protected health information if asked to do so by a law enforcement official in the following circumstances:

   (1) to respond to a court order, subpoena, warrant, summons or similar process;
   (2) to identify or locate a suspect, fugitive, material witness or missing person,
   (3) to assist the victim of a crime if, under certain limited circumstances, the Plan is unable to obtain the person's agreement,
   (4) to investigate a death the Plan believes may be due to criminal conduct,
   (5) to investigate criminal conduct, and
   (6) to report a crime, its location or victims or the identity, description or location of the person who committed the crime (in emergency circumstances).
- (vii) When required to be given to a coroner or medical examiner for the purpose of identifying a deceased person, determining a cause of death or other duties as authorized by law. Also, disclosure is permitted to funeral directors, consistent with applicable law, as necessary to carry out their duties with respect to the decedent.
- (viii) Organ procurement. The Plan may disclose protected health information to facilitate organ donation and transplantation.
- (ix) Medical research. The Plan may disclose protected health information for medical research projects, subject to strict legal restrictions. (x) When consistent with applicable law and standards of ethical conduct if the Plan, in good faith, believes the use or disclosure is necessary to prevent or lessen a serious and imminent threat to the health or safety of a person or the public.
- (xi) Special government functions. The Plan may disclose protected health information to various departments of the government such as the U.S. military or U.S. Department of State.
- (xii) When authorized by and to the extent necessary to comply with workers' compensation or other similar programs established by law.
- (d) Uses and disclosures that require that you be given an
  opportunity to agree or disagree prior to the use or disclosure.
  Disclosure of your protected health information to family
  members, other relatives and your close personal friends is
  allowed if the information is directly relevant to the family or
  friend's involvement with your care or payment for that care and
  you have either agreed to the disclosure or have been given an
  opportunity to object and have not objected.
- (e) Uses and disclosures that require your written authorization or consent.
  - (i) In general, the Plan will obtain a written authorization before using or disclosing your protected health information whenever it is required to do so under the privacy rules. For example, we will not supply confidential information to another company for its marketing purposes (unless it is for Health Care Operations), for sale (unless under strict legal restrictions), or to a potential employer with whom you are seeking employment without your signed authorization. Your written authorization generally will be obtained before the Plan will use or disclose psychotherapy notes about you from your psychotherapist. The Plan may use and disclose psychotherapy notes when needed by the Plan to defend against litigation filed by you. The Plan will not disclose to third parties the results of genetic testing in a manner which includes individually identifying characteristics without your written authorization, nor will it use or disclose your genetic information for underwriting purposes.

- (ii) The Plan may require your consent to disclose protected health information, even to carry out treatment, payment or health care operations, to certain individuals or organizations.
   For example, if your union representative is helping you with a claim the Plan may require you to sign a consent form before it will disclose protected health information to that person.
- (iii) Other uses and disclosures not described in this notices will be made only with your written authorization.
- (iv) You may revoke an authorization that you previously have given by sending a written request to our Privacy Officer, but not with respect to any actions the Plan has already taken.

#### **SECTION 2. RIGHTS OF INDIVIDUALS**

- (a) Right to Request Restrictions on Protected Health Information
  Uses and Disclosures. You may request the Plan to restrict uses
  and disclosures of your protected health information to carry
  out treatment, payment or health care operations, or to restrict
  uses and disclosures to family members, relatives, friends or
  other persons identified by you who are involved in your care or
  payment for your care. While the Plan will consider all requests
  for restrictions carefully, the Plan is not required to agree to
  your request. However, the Plan must comply with your request
  to restrict disclosure of your protected health information for
  payment or health care operations purposes if you paid for these
  services in full, out of pocket. Such requests should be made to
  the individual identified in Section 5.
- (b) Right to Receive Confidential Communications of PHI.
   The Plan will accommodate reasonable requests to receive communications of protected health information by alternative means or at alternative locations. The Plan must agree to your request if you state that disclosure of the information will put you in danger. You or your personal representative will be required to complete a form to request restrictions on uses and disclosures of your protected health information. Such request should be made to the individual identified in Section 5.
- (c) Right to Inspect and Copy Protected Health Information. Except under certain circumstances limited by law, you have a right to inspect and obtain a copy of your protected health information "in a designated record set" for as long as the Plan maintains the protected health information.

Protected health information" includes all individually identifiable health information transmitted or maintained by the Plan regardless of form.

"Designated record set" includes the medical records and billing records about individuals maintained by or for a covered health care provider; enrollment, payment, billing, claims adjudication and case or medical management record systems maintained by or for a health plan; or other information used in whole or in part by or for the covered entity to make decisions about individuals. Information used for quality control or peer review analysis and not used to make decisions about individuals is not in the designated record set.

The requested information will be provided within 30 days. A single 30-day extension is allowed if the Plan is unable to comply with the deadline. If the information you request is in an electronic health record, you may request that these records be transmitted electronically to yourself or a designated individual. If you request copies of your protected health information, the Plan may charge a reasonable fee to cover the cost.

You or your personal representative will be required to complete a form to request access to the protected health information. Requests for access to protected health information should be made to the individual identified in Section 5. If access is denied, you and your personal representative will be provided with a written denial setting forth the basis for the denial, a description of how you may exercise rights to review and a description of how you may complain to the Secretary of the U.S. Department of Health and Human Services.

• (d) Right to Amend Protected Health Information. You have the right to request that the individual identified in Section 5 amend your protected health information or a record about you in a designated record set for as long as the protected health information is maintained by the Plan. You or your personal representative will be required to complete a form to request amendment of the protected health information. The Plan may deny your request if you ask us to amend information that: (i) was not created by the Plan, unless the person who created the information is no longer available to make the amendment, (ii) is not part of the protected health information we keep about you, (iii) is not part of the protected health information that you would be allowed to see or copy, or, (iv) is determined by the Plan to be accurate and complete.

The Plan has 60 days after the request is made to act on the request. A single 30-day extension is allowed if the Plan is unable to comply with the deadline. If the request is denied in whole or part, the Plan must provide you with a written denial that explains the basis for the denial. You or your personal representative may then submit a written statement disagreeing with the denial and have that statement included with any future disclosures of your protected health information.

 (e) The Right to Receive an Accounting of Protected Health Information Disclosures. You have the right to request a list of protected health information disclosures, which is also referred to as an accounting.

The list will not include disclosures the Plan has made as authorized by law. For example, the accounting will not include disclosures made for treatment, payment, and health care operation purposes (except as noted in the last paragraph of this subsection (d)). Also, no accounting will be made for disclosures made directly to you or under an authorization that you provided or those made to your family or friends. The list will not include disclosures the Plan has made for national security purposes or law enforcement personnel or disclosures made before April 14, 2003.

The list provided by the Plan will include disclosures made within the last six years (subject to the April 14, 2003 beginning date) unless you specify a shorter period. The first list you request within a 12 month period will be free. You may be charged a reasonable fee for providing any additional lists within a 12- month period.

If the accounting cannot be provided within 60 days, an additional 30 days is allowed if the individual is given a written statement of the reasons for the delay and the date by which the accounting will be provided.

You may also request and receive an accounting of disclosures made by the Plan for payment, treatment, or health care operations during the prior three years for disclosures made as of January 1, 2014 for electronic health records acquired before January 1, 2009, or January 1, 2011 for electronic health records acquired on or after January 1, 2009.

• (f) Personal Representatives. You may exercise your rights through a personal representative. Your personal representative will be required to produce evidence of his/her authority to act on your behalf before that person will be given access to your protected health information or allowed to take any action for you. Proof of such authority may take one of the following forms: (1) A power of attorney for health care purposes, notarized by a notary public, (2) A court order of appointment of the person as the conservator or guardian of the individual, or (3) An individual who is the parent of a minor child.

The Plan retains discretion to deny access to your protected health information to a personal representative to provide protection to those vulnerable people who depend on others to exercise their rights under these rules and who may be subject to abuse or neglect. This also applies to personal representatives of minors.

(g) Right to Request a Paper Copy. If you agree to receive this
Privacy Notice electronically, you have the right to obtain a paper
copy of this Privacy Notice upon request from the individual
identified in Section 5.

#### **SECTION 3. THE PLAN'S DUTIES**

- (a) General Duty. The Plan is required to comply with the terms of this notice. However, the Plan reserves the right to change its privacy practices and to apply the changes to any protected health information received or maintained by the Plan prior to that date. If a privacy practice is changed, a revised version of this notice will be provided to all past and present participants and beneficiaries for whom the Plan still maintains protected health information. The revised notice will be mailed to all active and retired plan participants. Any revised version of this notice will be distributed within 60 days of the effective date of any material change to the uses or disclosures, the individual's rights, the duties of the Plan or other privacy practices stated in this notice.
- (b) Minimum Necessary Standard. When using or disclosing
  protected health information or when requesting protected
  health information from another covered entity, the Plan will
  make reasonable efforts not to use, disclose or request more than
  the Limited Data Set, or if necessary, the minimum necessary
  information necessary to accomplish the intended purpose of
  the use, disclosure or request, taking into consideration practical
  and technological limitations. However, the minimum necessary
  standard will not apply in the following situations:
  - (i) Disclosures to or requests by a health care provider for treatment;
  - (ii) Uses or disclosures made to the participant or beneficiary;
  - (iii) Disclosures made to the Secretary of the U.S. Department of Health and Human Services;
  - (iv) Uses or disclosures that are required by law; and
  - (v) Uses or disclosures that are required for the Plan's compliance with legal regulations.
- (c) De-Identified Information. This notice does not apply to information that has been de-identified. De-identified information is information that does not identify an individual and with respect to which there is no reasonable basis to believe that the

information can be used to identify the individual. In addition, the Plan may use or disclose "summary health information" for obtaining premium bids or modifying, amending or terminating the group health plan, which summarizes the claims history, claims expenses or type of claims experienced by individuals for whom a plan sponsor has provided health benefits under a group health plan; and from which identifying information has been deleted in accordance with HIPAA.

## SECTION 4. YOUR RIGHT TO FILE A COMPLAINT WITH THE PLAN OR THE HHS SECRETARY

If you believe that your privacy rights have been violated, you may file a complaint with the Privacy Officer named in Section 5 below, or with the Secretary of the U.S. Department of Health and Human Services. To file a complaint with the Plan, put your complaint in writing and address it to the Privacy Officer named in Section 5 below. The Plan will not retaliate against you for filing a complaint.

You may also contact the Privacy Officer if you have questions or comments about our privacy practices. You may file a complaint with the Secretary of the U.S. Department of Health and Human Services online at <a href="https://ocrportal.hhs.gov/ocr/cp/complaint\_frontpage.jsf">https://ocrportal.hhs.gov/ocr/cp/complaint\_frontpage.jsf</a> or by mailing your complaint to the appropriate the HHS Regional office. The list of regional offices can be found at <a href="http://www.hhs.gov/ocr/office/about/rgn-hqaddresses.html">http://www.hhs.gov/ocr/office/about/rgn-hqaddresses.html</a>. If you need help filing a complaint or have a question about the complaint or consent forms, please e-mail OCR at <a href="https://ocrportal.hhs.gov">OCRComplaint@hhs.gov</a>.

## SECTION 5. WHOM TO CONTACT AT THE PLAN FOR MORE INFORMATION

If you have any questions regarding this notice or the subjects addressed in it, you may contact: Riverside Sheriffs' Association 21800 Cactus Ave

Riverside, CA 92518 Office: 951-653-5152

# IMPORTANT NOTICE FROM RIVERSIDE SHERIFFS' ASSOCIATION (RSA) ABOUT YOUR PRESCRIPTION DRUG COVERAGE AND MEDICARE

This is an annual notice. It is to ensure that active members, retirees and their dependents have this important information. If you are already in enrolled in a Medicare D plan through RSA and do not want to make any changes - no action is needed, your coverage remains the same. If you or a dependent is becoming Medicare eligible in the near future, please remember to contact the RSA Benefits Office at (951) 653-8014 before making any decisions about your coverage.

Please read this notice carefully and keep it where you can find it. This notice has information about your current prescription drug coverage with RSA and prescription drug coverage available for people with Medicare. It also explains the options you have under Medicare prescription drug coverage and can help you decide whether or not you want to enroll. At the end of this notice is information about where you can get help to make decisions about your prescription drug coverage.

- 1. Medicare prescription drug coverage became available in 2006 to everyone with Medicare through Medicare prescription drug plans and Medicare Advantage Plans that offer prescription drug coverage. All Medicare prescription drug plans provide at least a standard level of coverage set by Medicare. Some plans may also offer more coverage for a higher monthly premium.
- 2. RSA has determined that the prescription drug coverage offered by the Blue Cross of California and Kaiser Permanente is, on average for all plan participants, expected to pay out as much as the standard Medicare prescription drug coverage will pay and is considered Creditable Coverage.

Because your existing coverage is on average at least as good as standard Medicare prescription drug coverage, you can keep this coverage and not pay extra if you later decide to enroll in Medicare prescription drug coverage.

Individual's can enroll in a Medicare prescription drug plan when they first become eligible for Medicare and each year from October 15th through December 7th. Beneficiary's leaving employer/union coverage may be eligible for a Special Enrollment Period to sign up for a Medicare prescription drug plan. You should compare your current coverage, including which drugs are covered, with the coverage and cost of the plans offering Medicare prescription drug coverage in your area.

If you do decide to enroll in a Medicare prescription drug plan and drop your RSA prescription drug coverage, be aware that you and your dependents may not be able to get this coverage back.

Please contact us for more information about what happens to your coverage if you enroll in a Medicare prescription drug plan.

You should also know that if you drop or lose your coverage with RSA and don't enroll in Medicare prescription drug coverage after your current coverage ends, you may pay more (a penalty) to enroll in Medicare prescription drug coverage later.

If you go 63 days or longer without prescription drug coverage that's at least as good as Medicare's prescription drug coverage, your monthly premium will go up at least 1% per month for every month that you did not have that coverage. For example, if you go nineteen months without coverage, your premium will always be at least 19% higher than what many other people pay. You'll have to pay this higher premium as long as you have Medicare prescription drug coverage. In addition, you may have to wait until the following November to enroll.

# FOR MORE INFORMATION ABOUT THIS NOTICE OR YOUR CURRENT PRESCRIPTION DRUG COVERAGE

For further information contact our insurance brokers, Union First Insurance Solutions at (949) 570-1162. NOTE: You will receive this notice annually and at other times in the future such as before the next period you can enroll in Medicare prescription drug coverage, and if this coverage through RSA changes. You also may request a copy.

## FOR MORE INFORMATION ABOUT YOUR OPTIONS UNDER MEDICARE PRESCRIPTION DRUG COVERAGE

More detailed information about Medicare plans that offer prescription drug coverage is in the "Medicare & You" handbook. You'll get a copy of the handbook in the mail every year from Medicare. You may also be contacted directly by Medicare prescription drug plans. For more information about Medicare prescription drug plans:

- Visit www.medicare.gov
- Call your State Health Insurance Assistance Program (see your copy of the Medicare & You handbook for their telephone number) for personalized help,
- Call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048. For people with limited income and resources, extra help paying for Medicare prescription drug coverage is available. Information about this extra help is available from the Social Security Administration (SSA) online at <a href="https://www.socialsecurity.gov">www.socialsecurity.gov</a>, or you call them at 1-800-772-1213 (TTY 1-800-325-0778).

Remember: Keep this notice. If you enroll in one of the new plans approved by Medicare which offer prescription drug coverage, you may be required to provide a copy of this notice when you join to show that you are not required to pay a higher premium amount.

• Date: September 1, 2025

• Name of Entity/Sender: Union First Insurance Solutions

· Contact Position/Office: Administrator

Address: 18400 Von Karman, Suite 620

Irvine, CA 92612

• Phone Number: (949) 570-1162

# WOMEN'S HEALTH AND CANCER RIGHTS ACT OF 1998 (WHCRA)

Under federal law, group health plans, insurers, and HMOs that provide medical and surgical benefits in connection with a mastectomy must provide benefits for certain reconstructive surgery, effective for the first plan year beginning on or after October 21, 1998.

In the case of a participant or beneficiary who is receiving benefits under the plan in connection with a mastectomy and who elects breast reconstruction, federal law requires coverage in a manner determined in consultation with the attending physician and the patient, for reconstruction of the breast on which the mastectomy was performed, surgery and reconstruction of the other breast to produce a symmetrical appearance and prostheses and treatment of physical complications at all stages of the mastectomy, including lymphedemas.

Each of the medical plan options available through the Riverside Sheriffs' Association Benefit Trust Health Plan currently covers mastectomies and reconstructive surgery. Coverage is subject to each plan's deductibles, coinsurance and benefit provisions. These provisions are generally described in the Plan Booklet or Explanation of Coverage.

#### **NEWBORN MOTHERS HEALTH PROTECTION ACT**

Under the Newborn and Mothers Health Protection Act, the following language is now included in the Health Plan:

The Plan will provide for a hospital stay of no less than 48 hours for the eligible mother and newborn child following a normal delivery and no less than 96 hours for a cesarean birth, unless an attending physician in consultation with the mother approves an earlier discharge. The time periods outlined above begin at the birth of the child. The law also prohibits a plan from requiring health care practitioner to obtain authorization from the Plan for prescribing a length of stay not in excess of those periods.

# PREMIUM ASSISTANCE UNDER MEDICAID AND THE CHILDREN'S HEALTH INSURANCE PROGRAM (CHIP)

If you or your children are eligible for Medicaid or CHIP and you're eligible for health coverage from your employer, your state may have a premium assistance program that can help pay for coverage, using funds from their Medicaid or CHIP programs. If you or your children aren't eligible for Medicaid or CHIP, you won't be eligible for these premium assistance programs but you may be able to buy individual insurance coverage through the Health Insurance Marketplace. For more information, visit <a href="https://www.healthcare.gov">www.healthcare.gov</a>.

If you or your dependents are already enrolled in Medicaid or CHIP and you live in a State listed below, contact your State Medicaid or CHIP office to find out if premium assistance is available.

If you or your dependents are NOT currently enrolled in Medicaid or CHIP, and you think you or any of your dependents might be eligible for either of these programs, contact your State Medicaid or CHIP office or dial **1-877-KIDS NOW** or <a href="https://www.insurekidsnow.gov">www.insurekidsnow.gov</a> to find out how to apply. If you qualify, ask your state if it has a program that might help you pay the premiums for an employer-sponsored plan.

If you or your dependents are eligible for premium assistance under Medicaid or CHIP, as well as eligible under your employer plan, your employer must allow you to enroll in your employer plan if you aren't already enrolled. This is called a "special enrollment" opportunity, and you must request coverage within 60 days of being determined eligible for premium assistance. If you have questions about enrolling in your employer plan, contact the Department of Labor at <a href="https://www.askebsa.dol.gov">www.askebsa.dol.gov</a> or call 1-866-444-EBSA (3272).

If you live in one of the following states, you may be eligible for assistance paying your employer health plan premiums. The following list of states is current as of July 31, 2024. Contact your State for more information on eligibility –

#### ALABAMA - MEDICAID

Website: <a href="http://myalhipp.com/">http://myalhipp.com/</a> Phone: 1-855-692-5447

#### ALASKA - MEDICAID

The AK Health Insurance Premium Payment Program
Website: http://myakhipp.com/
Phone: 1-866-251-4861

Email: <u>CustomerService@MyAKHIPP.com</u>
Medicaid Eligibility: <u>https://health.alaska.gov/dpa/Pages/default.aspx</u>

#### **ARKANSAS - MEDICAID**

Website: <a href="http://myarhipp.com/">http://myarhipp.com/</a> Phone: 1-855-MyARHIPP (855-692-7447)

#### **CALIFORNIA - MEDICAID**

Health Insurance Premium Payment (HIPP) Program Website: http://dhcs.ca.gov/hipp Phone: 916-445-8322 Fax: 916-440-5676

Email: hipp@dhcs.ca.gov

## COLORADO - HEALTH FIRST COLORADO (COLORADO'S MEDICAID PROGRAM) & CHILD HEALTH PLAN PLUS (CHP+)

Health First Colorado Website: <a href="https://www.healthfirstcolorado.com/">https://www.healthfirstcolorado.com/</a>
Health First Colorado Member Contact Center: 1-800-221-3943/State Relay 711
CHP+: <a href="https://hcpf.colorado.gov/child-health-plan-plus">https://hcpf.colorado.gov/child-health-plan-plus</a>
CHP+ Customer Service: 1-800-359-1991/State Relay 711
Health Insurance Buy-In Program (HIBI): <a href="https://www.mycohibi.com/">https://www.mycohibi.com/</a>
HIBI Customer Service: 1-855-692-6442

#### FLORIDA - MEDICAID

Website: https://www.flmedicaidtplrecovery.com/flmedicaidtplrecovery.com/hipp/index.html

Phone: 1-877-357-3268

#### **GEORGIA - MEDICAID**

GA HIPP Website: https://medicaid.georgia.gov/health-insurancepremium-payment-program-hipp

Phone: 678-564-1162, Press 1 GA CHIPRA Website:

https://medicaid.georgia.gov/programs/third-party-liability/childrenshealth-insurance-program-reauthorization-act-2009-chipra

Phone: 678-564-1162, Press 2

#### **INDIANA - MEDICAID**

Healthy Indiana Plan for low-income adults 19-64 Website: <u>http://www.in.gov/fssa/hip/</u>

Phone: 1-877-438-4479 All other Medicaid

Website: https://www.in.gov/medicaid/ Phone: 1-800-457-4584

#### **IOWA - MEDICAID AND CHIP (HAWKI)**

Medicaid Website: https://dhs.iowa.gov/ime/members Medicaid Phone: 1-800-338-8366

Hawki Website: http://dhs.iowa.gov/Hawki
Hawki Phone: 1-800-257-8563

HIPP Website: <a href="https://dhs.iowa.gov/ime/members/medicaid-a-to-z/hipp">https://dhs.iowa.gov/ime/members/medicaid-a-to-z/hipp</a>
HIPP Phone: 1-888-346-9562

#### KANSAS - MEDICAID

Website: https://www.kancare.ks.gov/ Phone: 1-800-792-4884 HIPP Phone: 1-800-967-4660

#### KENTUCKY - MEDICAID

Kentucky Integrated Health Insurance Premium Payment Program (KI-HIPP) Website: <a href="https://chfs.ky.gov/agencies/dms/member/Pages/kihipp.aspx">https://chfs.ky.gov/agencies/dms/member/Pages/kihipp.aspx</a>

Phone: 1-855-459-6328 Email: <u>KIHIPP.PROGRAM@ky.gov</u>

KCHIP Website: https://kidshealth.ky.gov/Pages/index.aspx

Phone: 1-877-524-4718

Kentucky Medicaid Website: https://chfs.ky.gov/agencies/dms

#### LOUISIANA

Website:  $\underline{www.medicaid.la.gov}$  or  $\underline{www.ldh.la.gov/lahipp}$ 

Phone: 1-888-342-6207 (Medicaid hotline) or 1-855-618-5488 (LaHIPP)

#### MAINE - MEDICAID

**Enrollment Website:** 

#### https://www.mymaineconnection.gov/benefits/s/?language=en\_US

Phone: 1-800-442-6003 TTY: Maine relay 711

Private Health Insurance Premium Webpage:

https://www.maine.gov/dhhs/ofi/applications-forms

Phone: 1-800-977-6740 TTY: Maine relay 711

#### MASSACHUSETTS - MEDICAID AND CHIP

Website: https://www.mass.gov/masshealth/pa

Phone: 1-800-862-4840 TTY: 711

Email: masspremassistance@accenture.com

#### MINNESOTA - MEDICAID

Website: https://mn.gov/dhs/people-we-serve/children-and-families/health-care/health-care-programs/programs-and-services/other-

insurance.jsp Phone: 1-800-657-3739

#### MISSOURI - MEDICAID

Website: http://www.dss.mo.gov/mhd/participants/pages/hipp.htm Phone: 573-751-2005

#### **MONTANA - MEDICAID**

Website: http://dphhs.mt.gov/MontanaHealthcarePrograms/HIPP

Phone: 1-800-694-3084 Email: <u>HHSHIPPProgram@mt.gov</u>

#### **NEBRASKA - MEDICAID**

Website: http://www.ACCESSNebraska.ne.gov

Phone: 1-855-632-7633 Lincoln: 402-473-7000 Omaha: 402-595-1178

#### **NEVADA - MEDICAID**

Medicaid Website: <a href="http://dhcfp.nv.gov">http://dhcfp.nv.gov</a> Medicaid Phone: 1-800-992-0900

#### **NEW HAMPSHIRE - MEDICAID**

Website: https://www.dhhs.nh.gov/programs-services/medicaid/health-

insurance-premium-program

Phone: 603-271-5218

Toll free number for the HIPP program: 1-800-852-3345, ext. 5218

#### **NEW JERSEY - MEDICAID AND CHIP**

Medicaid Website:

http://www.state.nj.us/humanservices/dmahs/clients/medicaid/

Medicaid Phone: 609-631-2392

CHIP Website: <a href="http://www.njfamilycare.org/index.html">http://www.njfamilycare.org/index.html</a>

CHIP Phone: 1-800-701-0710

#### **NEW YORK - MEDICAID**

Website: <a href="https://www.health.ny.gov/health\_care/medicaid/">https://www.health.ny.gov/health\_care/medicaid/</a>

Phone: 1-800-541-2831

#### NORTH CAROLINA - MEDICAID

Website: <a href="https://medicaid.ncdhhs.gov/">https://medicaid.ncdhhs.gov/</a> Phone: 919-855-4100

#### NORTH DAKOTA - MEDICAID

Website: <a href="https://www.hhs.nd.gov/healthcare">https://www.hhs.nd.gov/healthcare</a>

Phone: 1-844-854-4825

#### **OKLAHOMA - MEDICAID AND CHIP**

Website: http://www.insureoklahoma.org

Phone: 1-888-365-3742

#### **OREGON - MEDICAID**

Website: http://healthcare.oregon.gov/Pages/index.aspx

Phone: 1-800-699-9075

#### PENNSYLVANIA - MEDICAID AND CHIP

Website:

https://www.dhs.pa.gov/Services/Assistance/Pages/HIPP-Program.aspx

Phone: 1-800-692-7462

CHIP Website: Children's Health Insurance Program (CHIP) (  $\underline{\textbf{pa.gov}})$ 

CHIP Phone: 1-800-986-KIDS (5437)

#### **RHODE ISLAND - MEDICAID AND CHIP**

Website: http://www.eohhs.ri.gov/

Phone: 1-855-697-4347, or 401-462-0311 (Direct RIte Share Line)

#### **SOUTH CAROLINA - MEDICAID**

Website: https://www.scdhhs.gov

Phone: 1-888-549-0820

#### **SOUTH DAKOTA - MEDICAID**

Website: http://dss.sd.gov Phone: 1-888-828-0059

#### **TEXAS - MEDICAID**

Website: Health Insurance Premium Payment (HIPP) Program | Texas

**Health and Human Services** 

Phone: 1-800-440-0493

#### UTAH - MEDICAID AND CHIP

Medicaid Website: <a href="https://medicaid.utah.gov/">https://medicaid.utah.gov/</a> CHIP Website: <a href="http://health.utah.gov/chip">http://health.utah.gov/chip</a>

Phone: 1-877-543-7669

#### VERMONT- MEDICAID

Website: Health Insurance Premium Payment (HIPP) Program

**Department of Vermont Health Access** 

Phone: 1-800-250-8427

#### VIRGINIA – MEDICAID AND CHIP

Website: https://coverva.dmas.virginia.gov/learn/premium-assistance/famis-select

https://coverva.dmas.virginia.gov/learn/premium-assistance/health-

insurance-premium-payment-hipp-programs

Medicaid/CHIP Phone: 1-800-432-5924

#### **WASHINGTON - MEDICAID**

Website: https://www.hca.wa.gov/ Phone: 1-800-562-3022

#### WEST VIRGINIA - MEDICAID AND CHIP

Website: https://dhhr.wv.gov/bms/ http://mywvhipp.com/

Medicaid Phone: 304-558-1700

CHIP Toll-free phone: 1-855-MyWVHIPP (1-855-699-8447)

#### WISCONSIN - MEDICAID AND CHIP

Website: https://www.dhs.wisconsin.gov/badgercareplus/p-10095.htm

Phone: 1-800-362-3002

#### **WYOMING - MEDICAID**

Website: https://health.wyo.gov/healthcarefin/medicaid/programs-andeligibility/

Phone: 1-800-251-1269

To see if any other states have added a premium assistance program since July 31, 2024, or for more information on special enrollment rights, contact either:

U.S. Department of Labor Employee Benefits Security Administration <u>www.dol.gov/agencies/ebsa</u> 1-866-444-EBSA (3272)

U.S. Department of Health and Human Services Centers for Medicare & Medicaid Services www.cms.hhs.gov

1-877-267-2323, Menu Option 4, Ext. 61565

# **NOTES**

# **NOTES**

# 2026 OPEN ENROLLMENT OCTOBER 1, 2025 – OCTOBER 31, 2025 BENEFITS.PLANSOURCE.COM





