



- **No additional fees**
- **Confidential**
- **Available 24-hours a day**

Call for an appointment

(909) 884-0133

(800) 222-9691

**We have offices in
the counties of:
*Los Angeles, Riverside,
Orange, San Bernardino
and San Diego***



Online Support

*Visit our website for additional
MSS services such as:*

- Office locations & directions
- Staff bios & pictures
- Class registration
- Thought for the day
- Breathing exercises
- Slide shows
- Articles & handouts
- Questionnaires & surveys
- Links to other resources

www.thecounselingteam.com

Member Support Services (MSS)

*another member benefit
offered by*

Riverside Sheriffs' Association Benefit Trust



Provided By:

The Counseling Team International (TCTI)

Headquarters

1881 Business Center Drive, Suite 11
San Bernardino, CA 92408
24 Hr. (909) 884-0133 or
(800) 222-9691
Fax (909) 384-0734

www.thecounselingteam.com

What are Member Support Services?

Member Support Services (MSS) are designed to help members and their eligible family members with confidential professional assistance. The RSA Benefit Trust is committed to the health and well-being of the organization's members. RSA recognize that personal problems are a normal part of living and that many members will be affected by personal difficulties during the course of their career.

MSS provides a variety of services to every member and their eligible family members at no additional cost. These services include the following:

- Immediate telephonic consultation assistance in crisis situations available 24-hours a day



- Counseling and referral services
- Website access to additional services and resources

There are no additional fees to be paid for TCTI's counseling services. However, there are times when individuals are referred to resources outside the program. Should a member or eligible family member decide to use these outside resources, they will be responsible for any fees associated with their use.

Your counseling sessions will remain confidential between you and the TCTI mental health professional, unless the law requires divulgence.

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(800) 222-9691
Visit our website for more information...
www.thecounselingteam.com

We can help with many issues, including the following:

- ✓ Marital & Family Problems
- ✓ Stress/Burnout
- ✓ Anger Management
- ✓ Separation/Divorce
- ✓ Child/Adolescent Issues
- ✓ Parenting Skills
- ✓ Suicide Prevention & Intervention
- ✓ Grief/Bereavement
- ✓ Depression
- ✓ Substance Abuse
- ✓ Child/Spouse Abuse
- ✓ Retirement Concerns
- ✓ Career Concerns
- ✓ Critical Incident/Trauma
- ✓ Financial Issues
- ✓ Relationship Concerns
- ✓ Anxiety/Panic Attacks

We also offer referral assistance for the following:



Child Care

Adoption



Elderly & Senior Care

Pet Care



Financial Information

Chemical Dependency

